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People who feel they lack morals report they are half as likely to feel happy compared to those who feel they are moral. (Garrett 1996) P.92 (Garrett 1996) P.92 An interesting thing happened on Tuesday mornings in the fall of 1998.

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The 100 Simple Secrets of Happy People Ph D David Niven

People are attracted to happy people, regardless of their physical appearance! We flock to joyful people bc we want in on that emotion. Enjoy. We flock to joyful people bc we want in on that emotion. Enjoy.

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The 100 simple secrets of happy people what scientists

After examining over a thousand of the most recent and important scholarly studies into the psychological traits of happy people and uncovering their most promising discoveries into the causes of happiness, Dr. Niven presents 100 easy-to-digest nuggets of advice.

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